

## **Lifeline – Assistance for Phone/Internet Service**

Lifeline is a federal program that lowers the monthly cost of your internet service or phone. Customers who are eligible for this program will get at least \$9.25 toward their bill every month. Lifeline can be used for either internet or phone, but not both.

### **HOW DO I QUALIFY FOR LIFELINE?**

There are 2 ways you can qualify for Lifeline assistance:

1) You can qualify through your income. You can qualify for Lifeline assistance if your income is 135% or less of the federal poverty guideline. The guidelines may be different depending on your household size, and the state where you reside, but generally speaking, the average federal poverty guideline is around \$34K for a 4-person family.

2) You can qualify through a federal government program. You may qualify for Lifeline if you, or someone in your family, participates in one of the following federal assistance programs:

- Supplemental Nutrition Assistance Program (SNAP)
- Medicaid
- Supplemental Security Income (SSI)
- Veterans Pension and Survivors Benefits
- Federal Public Housing Assistance (FPHA)
- Tribal Programs for Native Americans

Also, if a child or a dependent participates in one of the programs listed above, you may also qualify.

Only one Lifeline discount per household is allowed (not per person). Please also keep in mind that you are only allowed to get a discount on internet OR phone, but not both.